

Physical education SEND intent



The River View curriculum for Physical Education is tailored to aid and learners who are developing emergent skills and still work to access the National Curriculum. There will be learners who experience cognitive difficulties and may also have difficulties in mobility and coordination, sensory issues and gross and fine motor difficulties that impact on their ability to develop their physical education skills. The curriculum acknowledges that, despite having these needs, learners can experience, enjoy and develop skills and have the same entitlement to develop physical skills as other pupils. Teaching and learning will necessarily be highly personalised to support these learners' particular strengths and needs.

We aim to ensure our learners have access to the River View curriculum that;

- recognises the importance of opportunities for functional movement, whenever and wherever possible, continually throughout each day.
- recognises that physical activity is vital for physical wellbeing and health.
- recognises that physical activity should be encouraged to be a lifestyle choice, facilitated by staff and that the emphasis must be on learners choosing to be physically active where possible and remaining to be so throughout the whole of their lives.
- recognises that staff and families need to support learners to select and adopt healthy options and where possible physical movement
- acknowledges that teaching must have learning intentions to support the learners to have the desire and the ability to engage with physical activity outside of school,
- recognises that motivation is key and it is important to support learners to find out what they enjoy doing by through exploring a wide range of physical activities in lessons and play
- acknowledges that learners need to know how to communicate what they really enjoy doing to make the long-term process meaningful.
- acknowledges that learners may have difficulties with cooperative and collaborative play
- acknowledges that play is important both for physical, emotional and sensory development
- recognises that activities must have a focus on success and progress which are personalised to meet the needs of each of the individual learners,
- recognises the importance of making physical exercise enjoyable and accessible to all and to include a wide range of activities
- recognises that for health benefits, physical activity should be of moderate or vigorous intensity that is suitable for each individual
- recognises the equal importance of improving self-confidence, self esteem and developing specific PE skills
- recognises that in participating in any physical activities, learning takes time and repetition is the key to learning.
- recognises that the curriculum must be personalised and individualised using specialised teaching approaches to provide motivating and engaging learning opportunities.