Learning at River View PSHE



At River View, our aim is to educate the whole child in a way that prepares them fully for later life. We provide the foundation for fully developed citizens. Our English and maths lessons are important, but they need to be complemented by a wide range of skills, some of which can only be taught through shared experiences, challenges and adventures. We believe that it is our job to create well developed future citizens of Great Britain who have a love, knowledge and awareness of what it is to be a British citizen. Our role is to model and teach the values that children need to contribute effectively to society. There is no better way to do this than learning through experience.

In addition to the range of shared experiences, challenges and adventures, we deliver a scheme of work which prepares children for life and helps them to understand and value who they are and how they relate to other people in this ever-changing world. Our curriculum enables children to build a range of skills, self-esteem, resilience, and confidence.

At River View the PSHE curriculum is delivered through The JIGSAW Program. This programme provides whole-school opportunities to enhance the positive ethos of the whole school community. The curriculum is broken down into six puzzle pieces: Being Me in My World, Celebrating Difference, Dreams and Goals, Healthy Me, Relationships and Changing Me. We also recognise that it is vital to equip children with the skills necessary to keep them safe. This includes delivering first aid and water safety lessons.

Every lesson of our JIGSAW PSHE curriculum also provides opportunities for the children's Spiritual, Moral, Social and Cultural development. This is further detailed below:

• **Spiritual development** Children develop their ability to be reflective about their own beliefs; enjoy learning about themselves, others and the world around them; develop respect for different people's faiths and values and care for their local and global environment.

• **Moral development** children can recognise the difference between right and wrong; respect both the civil and criminal law of England and understand the consequences of their behaviour and actions.

• **Social development** children use a range of social skills in different contexts; participate in the local community; resolve conflict; and begin to have an appreciation of 'British values' through charity projects, School Council and helping within the community.

• **Cultural development** children understand and appreciate the wide range of cultural influences; participate in and respond positively to artistic, musical, sporting and cultural opportunities and understand, respect and celebrate diversity.

The PSHE curriculum ensures that children move to the next stage of their education with a positive self-image and a sense of identity. They are interested in and keen to make a positive contribution to society. They will be able to make relationships, communicate effectively, work with others, value self and others and become healthy individuals.

The curriculum also covers all aspects of Relationships, Sex and Health Education (RSHE) within the context of a full program in an age-appropriate way. 'Sex Education' The DFE statutory guidance (England 2019) expects schools to deliver work on puberty. The specific sex education content (puberty and human reproduction) is taught through the Changing Me unit of work during Summer 2.

Teaching British Values is an important aspect of the curriculum, our children are taught to accept and engage with the British values of democracy, the rule of law, individual liberty and mutual respect and tolerance of those with different faiths and beliefs. They will develop and demonstrate skills and attitudes that will allow them to participate fully in and contribute positively to life in Britain. Children are provided with opportunities to develop their understanding of right and wrong, rules and law, being respectful, freedom of choice, diversity and developing self-esteem and confidence throughout school.

Anti-racism is an important part of our PSHE lessons across the whole school. We believe that this will help fully develop future citizens that are aware of the society that they all live within. We also hope that our students have the skills and knowledge to equip them to challenge injustice throughout their lives. At River View we use the lessons from anti-racism.education to teach the children. Each term, we plan to teach at least one of the lessons which focus on the following areas: talking about race and racism, defining anti-racism, redefining racism, unconscious bias, representation matters and myth busting.

The National Curriculum requirements are taught and assessed in each year group. The

PSHE documents clearly outline previous and subsequent year groups' content to link learning and build on previous knowledge and skills.

We measure the impact of our PSHE curriculum through the following methods:

- Low-stake quizzes
- Questioning
- Discussion with children
- Observation